

Becoming an Inspiring Mentor

GoSkills online course syllabus

Skill level

Beginner

Lessons

17

Accredited by

Verified by GoSkills

Pre-requisites

No prior experience needed

Video duration

47m

Estimated study time

47m 21s

Instructor

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Introduction

- 1** The business case for mentoring
Mentoring has become the answer to every challenge.

Two Roles of a Mentor

- 2** Mentor as career advisor
A mentor is the guide by the side who helps a mentee develop in their career.
- 3** Mentor as cheerleader
The career path to success is long and often lonely.

Becoming the Mentor Everyone Wants

- 4** The mentor who is always there
Showing up physically or virtually is, half the time, all you need to do in order to succeed as a mentor.
- 5** Helping your mentee overcome self-doubt
Doubt and imposter syndrome pave the road to success.
- 6** Develop goals and milestones
A mentor should not develop the mentee in their image.

7 Celebrate small wins
There are many small steps and wins on the road to meeting your goals.

8 Develop a mentoring team
If one mentor provides skill and tacit knowledge, imagine what a team of mentors could accomplish.

Avoid Being the Frustrating Mentor

9 Active mentoring missteps
There are things you might be doing which might be upsetting your mentee.

10 Passive mentoring missteps
You might not recognize it, but there are passive-aggressive actions you might be taking which are stalling your mentees career, and upsetting them.

What Is Worrying Your Mentee

11 Cognitive load
Mentees have an entire life that you may not be aware of.

12 Mentoring through differences
Most people look for mentors who are like them in terms of race, ethnicity or gender.

13 External environment
In addition to what is happening internally, there are external factors which may be impacting your mentee such as a pandemic or civil unrest.

Becoming A Sponsor

14 Nominate your mentee
You need to talk about your mentee (in a good way) when they are not in the room.

15 Sponsorship circle
A mentee does not need to wait for their mentor to sponsor them.

16 Amplify your mentee's work
As a mentor, you've developed an expansive network.

Conclusion

17 Your mentoring journey has just begun
Thank you for watching this course!

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