Goskills

Creating a Culture of Trust on Your Team

GoSkills online course syllabus

Skill level
Beginner

Lessons
20

Accredited by
Verified by GoSkills

Pre-requisites
No prior experience needed

Video duration
1h 15m

Estimated study time
1h 15m

Instructor
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Introduction

1   **Fostering trust**

When your team trusts each other, they are more effective with the work they do.

The Case For Trust

2   **Importance of trust**

Employees in high trust organizations are more productive and collaborate better.

3   **The business case for trust**

Plenty of data and research have pointed to trust being an essential element for organizational success.

4   **Trust in today's world**

In today's world, trust has become increasingly necessary to workplace success, but identifying where it is most necessary, and how, is equally crucial.

Neuroscience and Trust

5   **Knowing your brain**

Leaders who understand the functions of the brain for leadership and trust are in the power seat.

6   **Oxytocin as a trust driver**

Oxytocin is a chemical that your brain emits, and it's also associated with increasing trust.

7 Building social brains for trust

Humans all possess a 'social brain network,' which is needed for building trust.

Trusting Yourself

8 Awareness of trust

Trusting yourself affects how you trust others and build trust.

9 Biases that affect trust building

Biases affect your ability to see the creative potential in yourself and others.

10 Being vulnerable

Increasing your vulnerability increases your efforts of building authentic trust.

Building Individual Trust

11 Igniting the purpose

Facilitating whole person growth by connecting with people's purpose builds trust and demonstrates your investment in those individuals.

12 Building employee strengths

Helping employees discover their strengths increases their likelihood of trusting you.

13 Trust and delivering feedback

Giving feedback incorrectly can derail trust quickly.

Creating Team Trust

14 Overcoming in/out group bias

Human brains quickly put people into groups, and leaders need to know how to control for this type of bias to mitigate its impacts.

15 Increasing social collectivism

Mirror neurons and social contagion are hidden forces that affect the way team members interact with other.

16 ## Recognizing excellence

Recognizing excellence and team contributions correctly and fairly can boost oxytocin and increase trust.

Building Organizational Trust

17 ## Organizational transparency

An organization, team, or leader's level of transparency is correlated to the level of trust their people feel they have for them.

18 ## Effective communication

To increase transparency, trust and creativity, communication lines must be healthy and clear.

19 ## Organizational purpose

Just like individual purpose, clear alignment with organization purpose affects trust.

Conclusion

20 ## Making a meaningful difference

Thanks for watching this course!

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