

Embracing Change within Your Career

GoSkills online course syllabus

Skill level

Beginner

Lessons

8

Accredited by

Verified by GoSkills

Pre-requisites

No prior experience needed

Video duration

16m

Estimated study time

16m 34s

Instructor

Linda Croyle

Introduction

1 Everything changes

Embracing change is not just a necessity but a pathway to success and personal growth.

Examining Your Perspective

2 What is change

Change shapes personal and professional journeys, omnipresent and inevitable.

3 Is the grass greener?

Exploring the notion of "Is the grass greener?" invites a deep dive into the human tendency to seek change in the face of discomfort.

4 Identifying your values

Understanding personal values is crucial for aligning life choices with what truly matters.

Your Path to Success

5 Honoring your blisters

Navigating life's challenges shapes resilience and character, turning obstacles into stepping stones toward success.

6 Spotlighting your gifts

Identifying and embracing your unique gifts is essential for personal fulfillment and success.

7

Planning your transformation

Embarking on a personal transformation requires more than just a desire for change; it demands a concrete plan and the resilience to overcome inevitable resistance.

Conclusion

8

A change in perspective

Congratulations! You're now ready to embrace change in your career. You've got the tools to blaze a new trail of personal growth.

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