Goskills

Empowered Leadership: A Holistic Approach to Sustainable Success

GoSkills online course syllabus

Skill level
Beginner

Lessons
5

Pre-requisites
No prior experience needed

Video duration
11m

Estimated study time
11m 30s

Instructor
Kathy Robinson

Introduction

1 Become an empowered leader

Understanding the synergy between well-being and leadership is fundamental.

Foundations of Empowered Leadership

2 Cultivating self-compassion in leadership

Recognizing and embracing your strengths and weaknesses is crucial for leadership.

3 Setting and achieving intentional goals

The alignment of personal beliefs and professional goals helps leaders progress with intention and clarity.

4 Fostering consistency and accountability

Developing consistent habits and staying accountable are key to achieving success as a leader.

Conclusion

5 Moving forward

Thank you for watching this course!

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