Goskills

Harnessing Change to Unleash Your Potential

GoSkills online course syllabus

Skill level
Beginner

Lessons
15

Pre-requisites
No prior experience needed

Video duration
46m

Estimated study time
46m 46s

Instructor
Anastasia Montejano

Introduction

1 A whole new world

Expecting change to slow down is a lingering myth.

Unprecedented Opportunities

2 Set yourself apart

Things have never moved as fast as they have now, and will never move as slowly again.

3 Building for continuous change

As the pace of change continues to escalate, you will have to fight a hidden bias in yourself and others that views change negatively.

4 Playing big

By its very nature, change puts you outside your comfort zone.

Igniting Change Leadership

5 Leader shift

You can't use an old playbook when the rules of the change management game have changed so dramatically.

6 The changemaker mindset

Chaotic, changing times provide hidden opportunities to build strong leaders and vibrant organizations.

7 Daring to lead change

Regardless of your role or title, you have the power to affect successful change.

Equipping Yourself to Excel

8 Predictable processes

You can't manage the pace of change, however you can gain an advantage by learning this secret.

9 Make the complex simple

When getting started, you can easily feel tempted to share as much information as you can, but this isn't always the most effective approach.

10 The messy middle

The middle stretch of any change is the most important and often most misunderstood part.

11 Finishing strong

A successfully implemented change will have a clear and finite end.

Overcoming Resistance and Increasing Change Agility

12 Your upper limit

Navigating change means you will inevitably bump up against your upper limit - a barrier most don't know exists.

13 Embracing uncertainty

When you're facing change, it's common to crave certainty, but necessary for you to function without it.

14 Getting to no ASAP

Every change requires that you define a vision and then bring people on board, so it's natural you'll encounter opposition or disagreement.

Conclusion

15 Preparing for changes

You should now feel equipped to leverage change as a means for your development and success, by implementing strategies and tools that will allow change to serve as a catalyst for your performance and potential.

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