

Keeping Teams Focused During Trainings

GoSkills online course syllabus

Skill level

Beginner

Lessons

12

Pre-requisites

No prior experience needed

Video duration

23m

Estimated study time

23m 35s

Instructor

Afton Howard

Introduction

1 Create an engaging learning environment

Keeping teams focused during trainings ensures better retention, active participation, and effective application of new skills, leading to improved team performance.

Build a Distraction-Free Training Environment

2 Minimize external distractions

Distractions in the training environment can significantly hinder focus and diminish the effectiveness of any training session.

3 Design a well-paced training agenda

A well-paced agenda keeps participants engaged by balancing content delivery with breaks and interaction.

4 Set clear expectations for engagement

Clear expectations give participants a sense of direction and accountability, which leads to higher engagement and focus.

5 Tailor your content to your learners

When training content is relevant and aligned with the learners' needs, it becomes easier for them to stay focused and absorb information.

Boost Team Engagement During Trainings

6 Integrate storytelling and analogies

Storytelling and analogies help make complex concepts relatable and easier to grasp, which in turn improves focus.

7 Incorporate active learning opportunities

Active learning boosts retention by encouraging participation and interaction, keeping energy levels high.

8

Leverage technology for engagement

Technology can enhance focus by offering interactive tools that capture attention and promote participation.

9

Address potential audience disengagement

It's essential to recognize and address disengagement early before it disrupts the learning process.

Sustain Team Focus After Trainings

10

Encourage team collaboration post-training

Collaboration after training reinforces learning and fosters accountability, helping participants apply new skills effectively.

11

Evaluate the impact of your trainings

Measuring the impact of training ensures that key objectives are met and identifies areas for improvement.

Conclusion

12

Boost team engagement during trainings

Thank you for watching this course!

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