

# Personal Development Skills to Live Your Best Life

GoSkills online course syllabus

**Skill level**

Beginner

**Lessons**

10

**Pre-requisites**

No prior experience needed

**Video duration**

22m

**Estimated study time**

21 m 59s

**Instructor**

Jeff Tan

## Introduction

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- 1 Find your best self and best life**  
Many people feel stuck on autopilot, unaware of barriers to their growth.

## Align Success and Values Through Self-Awareness

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- 2 Define your version of success**  
It can be challenging to differentiate your definition of success from society's definition of success.
- 3 Identify your core values**  
Identifying your values enables you to make decisions that are authentic to you and your priorities.

## Create Your Life Roadmap and Define Milestones

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- 4 Create a clear path with your north star**  
It's easy to get caught up in the day-to-day hustle and bustle without taking time to assess where those daily actions are actually leading you.
- 5 Map strategic milestones**  
While your life roadmap is always evolving, it's important to take the time to consider visualizing the key milestones you'd like to accomplish throughout your journey.

## Navigate Obstacles with Creativity

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- 6 Overcome obstacles with creatively**  
The road to success doesn't come without speed bumps and obstacles, but you can find creative ways to work through these challenges.

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## Build your personal board of advisors

No one can go it alone.

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## Develop an accountability plan for focus

Getting off track when working towards your goals is normal, and accountability plans can help you quickly get back on track.

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## Reflect on your progress

It's not all about striving for something better.

# Conclusion

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## Design a life you love

Thanks for watching!

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