

Presentation Skills for Confident Public Speaking

GoSkills online course syllabus

Skill level

Beginner

Lessons

17

Accredited by

Verified by GoSkills

Pre-requisites

No prior experience needed

Video duration

1h 27m

Instructor

TJ Walker

Be a More Assertive Public Speaker

1

Why Are You Here? Let's Diagnose the Problem

Start by recording yourself and identifying what you don't like.

2

Let's Deal with the Style and Substance

Focus on one aspect of your style - how you look, how you move - to begin your personal transformation into a more assertive speaker.

3

Stagecraft Makes You More Engaging

Consider how you dress, your body language, and how you move around the space to engage the audience.

4

The Power of Eye Contact - and Telling Stories

Using real stories - and making connections with people - makes it easier for you to share information with confidence.

How to Speak Without Reading a Script

5

Become the Speaker That Audiences Look At In Awe

You don't need special apps or teleprompters - or even notes - to deliver a confident, effective presentation.

6

Give Your Memory a Break - Focus on 5 Points

How to structure your speech and prepare it so your audience will remember it and take action.

7

Prep Your Notes on a Single Sheet of Paper

A single piece of paper with short notes is all you should need to remember the main points of your talk.

8

Walk Around As If You Own the Room

Use this strategy to own the room where you give your talk.

9

Rehearse on Video to Improve Your Delivery

Recording on video and analyzing your rehearsal is a powerful way to find ways to improve your approach.

10

Use a Second Rehearsal to Fine-Tune Your Approach

Don't stop practicing your speech or presentation until you're happy with it.

Overcome the Fear of Public Speaking

11

Eliminating Speaking Anxiety

Understanding the source of fear, and the best way to overcome it

12

Avoid Fake Solutions That Don't Work

Debunking the myths that only mask the underlying problems many speakers have.

13

The Process of Eliminating Fear

Use a familiar process to refine your presentation and eliminate fear.

14

The Fear of Boring

Don't mask your insecurities by presenting a giant data dump.

15

The Confident Speaker's Attitude

The first step toward confidence is to stop telling yourself you have a fear of speaking.

16

Long-term Speaking Goals and Conclusion

More opportunities to speak give you more chances to improve your skills.

Conclusion

17

Conclusion