

# Regression Analysis Fundamentals

GoSkills online course syllabus

**Skill level**

Beginner

**Lessons**

17

**Pre-requisites**

No prior experience needed

**Video duration**

53m

**Estimated study time**

53m 5s

**Instructor**

Fro Carducci

## Introduction

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- 1** Identify what regression helps you see  
Regression helps you make sense of patterns in data—and show others why those patterns matter.

## Laying the Groundwork

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- 2** Understand the basics of OLS regression  
OLS is the foundation of most regression work—it's the rule behind the line of best fit.
- 3** Know the different regression types  
Regression isn't one-size-fits-all.

## Run Your First Regression

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- 4** Choose the best regression tool  
Whether you use Excel or R, each program makes regression accessible in its own way.
- 5** Run a simple regression in Excel  
Excel makes it easy to run basic regressions if you know where to click.
- 6** Use SPSS to analyze data with regression  
Point-and-click interfaces like SPSS offer robust regression options.
- 7** Run a linear model in R using code  
R is powerful for reproducible, flexible analysis—especially with just a few lines of code.

## Interpret and Visualize Your Results

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- 8** **Understand what regression output means**  
Every regression model creates output, but not all numbers are equally important.
- 9** **Check model assumptions**  
OLS regression assumes your data meets certain conditions—like linearity, independence, and constant variance.
- 10** **Evaluate correlation vs. causation**  
Regression reveals relationships, but it doesn't always prove cause and effect.
- 11** **Checking goodness-of-fit and  $R^2$**   
Go beyond coefficients and p-values.
- 12** **Handling outliers and influential points**  
Sometimes data points are truly dramatically different from the rest, and sometimes they could just be an error.

## Share Your Findings with Confidence

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- 13** **Create clear charts**  
Charts help others quickly grasp the insights behind your model.
- 14** **Translate your results into insights**  
Non-technical audiences need clear takeaways, not technical jargon.
- 15** **Tell the story behind your data model**  
Telling a story makes your findings more memorable and persuasive.
- 16** **Visual storytelling with regression**  
In this lesson, you'll discover how to combine regression outputs, visuals, and narratives into a compelling presentation that connects insights to decisions.

## Conclusion

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## Apply your regression skills in projects

Congratulations on completing this course!

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