

How to Set Bigger Goals for Yourself and Achieve Them

GoSkills online course syllabus

Skill level

Beginner

Lessons

10

Pre-requisites

No prior experience needed

Video duration

24m

Estimated study time

24m 20s

Instructor

Jeff Tan

Introduction

1 Set ambitious goals for big success

Achieving some of your smaller goals is a feat in and of itself, but setting bold and ambitious goals can lead to extraordinary success.

Create a Path to Achieve Your Goals

2 Identify obstacles to future goals

In order to set bigger goals for yourself, it's important to reflect on your past and recognize why you may have achieved some dreams and not others.

3 Uncover your motivators for success

Everyone has unique motivations when working toward goals, and it's important to begin deciphering what makes you tick to help create personalized goals and plans.

4 Craft a purpose statement for success

Having a written personal purpose can help you create authentic goals and stay on track with these goals.

Craft Big Goals that Inspire and Excite You

5 Brainstorm 50 goals in ten minutes

Although you may have one or two goals that are top of mind, you likely have significantly more goals residing in your subconscious.

6 Create your most inspiring goal

You likely have at least one big and exciting goal you can't get out of your mind and talk about at parties, to strangers, or to your pet hamster.

Achieve Your Goals with Confidence

7 Program your superpower button
Fear of failure and self-doubt are the biggest obstacles to pursuing bold goals.

8 Elevate your success with accountability
Achieving big goals can be difficult when faced alone. In this lesson, you'll explore techniques for being more accountable for your goals.

9 Jumpstart your big goal with a call
Something as simple as a phone call can be the spark that ignites the fire you need to achieve bigger goals.

Conclusion

10 Set the stage for success with big goals
Thanks for watching!

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