Goskills

Using Brain Science to Find Your Calling

GoSkills online course syllabus

Skill level
Beginner

Lessons
7

Pre-requisites
No prior experience needed

Video duration
18m

Estimated study time
18m 41s

Instructor
Eugene Choi

Introduction

1 Finding your calling

It's natural for you to want to find the middle ground between where you excel and what you enjoy doing.

Finding Your Calling

2 Types of callings

You might think finding your calling is talking about a specific aspect of your life.

3 Brain science, explained

Your brain gives you tons of indicators, many of which go unrecognized.

4 Recognizing the benefits

Being an individual who has found their calling can yield great benefits and successes.

5 Flexing the muscle

Finding clarity to realize what your calling is can take time, but it's not impossible.

6 Making the switch

Once you know what your calling is, you might find yourself preparing to make a major change in your life to accommodate this.

Conclusion

7 Starting your search

Thanks for watching! Now, you should feel prepared to leverage brain science strategies and find your calling.

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