

# Deliver Effective Criticism

GoSkills online course syllabus

Sunday, September 14, 2025

**Skill level**

Beginner

**Lessons**

6

**Accredited by**

CPD

**Pre-requisites**

None

**Video duration**

31m

**Estimated study time**

1h 30m for all materials

**Instructor**

TJ Walker

## Deliver Effective Criticism

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1

### Start with Praise to Open Ears and the Heart

A helpful way to open up someone to constructive criticism is to begin by pointing out what they are doing well.

2

### Increase Your Credibility By Paying Attention

Being a helpful guide to colleagues means paying attention to all that they do, not just one or two obvious problem areas.

3

### Isolate Exactly What is Wrong

Helpful guidance is focused and specific, so provide your criticism with directions and pinpoint where your colleague can begin to make changes.

4

### Give Highly Specific Advice to Generate Improvement

Don't generalize when providing feedback; showing a colleague the first step to improvement allows them to find their own way.

5

### End with Positive Context

It's not always easy to hear criticism, but when you share all the benefits that can come with change, a new direction can be welcome.

6

### Ensure Your Criticism is Effective

Helping someone with vital pieces of feedback can benefit their performance as well as their relationship with you and others.

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